

## McGuire Senior Center Activity Schedule September 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10:00 Coffee Chit-Chat NO LINE DANCING	2 10:00 Coffee Chit-Chat 12:00 BINGO	3 <b>CLOSED</b>
4 NORTHVALE CONCERT IN THE PARK @ HOGANS MEMORIAL PARK – 6:30 PM	5 <b>CENTER CLOSED LABOR DAY</b>	6 9:00 Trip to Shop-Rite 10:00 Coffee Chit-Chat 11:30 Movie - Minari	7 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:15 Strength Training 1:00 Golden Age Meeting	8 10:00 Coffee Chit-Chat NO LINE DANCING	9 10:00 Coffee Chit-Chat 12:00 BINGO	10 NORTHVALE TOWN DAY @ HOGANS MEMORIAL PARK 1:00 PM – 5:00 PM
11 <b>CLOSED</b>	12 9:00 Crochet Club 9:30 Strength Training 10:00 Coffee Chit-Chat 11:00 Chair Exercise	13 9:00 Trip to Shop-Rite 10:00 Coffee Chit-Chat 11:30 Movie - Land	14 10:00 Coffee Chit-Chat 11:00 Chair Exercise 11:00 Presentation on Food & Eating Habits & Impact of Technology 12:15 Strength Training	15 10:00 Coffee Chit-Chat 10:30 Breakfast	16 10:00 Coffee Chit-Chat 12:00 BINGO	17 <b>CLOSED</b>
18 <b>CLOSED</b>	19 9:00 Crochet Club 9:30 Strength Training 10:00 Coffee Chit-Chat 11:00 Chair Exercise	20 9:00 Trip to Shop-Rite 10:00 Coffee Chit-Chat 11:30 Movie – Blithe Spirit	21 9:30 Blood Pressure Check 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:15 Strength Training	22 10:00 Coffee Chit-Chat NO LINE DANCING	23 10:00 Coffee Chit-Chat 12:00 BINGO 8:00 Willy Wonka & The Chocolate Factory Movie @ Hogans Memorial Park	24 <b>CLOSED</b>
25 <b>CLOSED</b>	26 9:00 Crochet Club 9:30 Strength Training 10:00 Coffee Chit-Chat 11:00 Chair Exercise	27 9:00 Trip to Shop-Rite 10:00 Coffee Chit-Chat 11:30 Movie – My Salinger Year	28 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:15 Strength Training 1:00 Golden Age Pizza Bingo	29 10:00 Coffee Chit-Chat NO LINE DANCING	30 9:30 Podiatrist 10:00 Coffee Chit-Chat 12:00 BINGO	
<b>PLEASE CALL THE CENTER WITH ANY QUESTIONS – (201) 767-3330 – Option #5</b>						