



# Christmas

WORD SEARCH

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W M V G K N S A V C M R L Z O A A B V J  
G R H O G S X D T T D Z C K L K R O D J  
B I A Q W L W I C H X K D P L R O I N I  
V R I P R X W L T T X N R I Y X L J Q N  
O S Q E P D O O M W R E A T H Q E E K G  
F T B N E I C H R I S T M A S T R E E L  
N G O Q A N N Q L E E X E D J N S O Y E  
D A E R B R E G N I G N E L A C T F N B  
K I C E N G S T P F G C A M V E Y G Z E  
Z Q A N K A S H R A O Y W C L E Q K Y L  
P Q L U W Q M G W R P O D T Y R S A A L  
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W J E C D K R T N S Z I R E E D N I E R  
O M R A H N I V H T M G U Y N D W A V M  
J V I C O O A W P D S N W D O S K Q C S  
U T F R N O B L D N O R T H P O L E A S  
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C O B S G E F G U A M W D X Y D T L U D  
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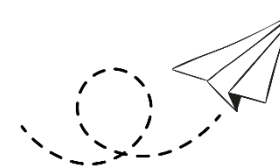
JINGLE BELLS  
BOW  
CANDY CANE  
CAROLERS  
CHRISTMAS TREE  
DECORATIONS  
ELVES

FIREPLACE  
GARLAND  
GINGERBREAD  
HOLIDAY  
JOLLY  
SANTA  
MISTLETOE

NORTH POLE  
ORNAMENTS  
PRESENTS  
REINDEER  
SNOWMAN  
WREATH  
WRAPPING PAPER



# The McGuire Flyer



December 2025

## The James F. McGuire Memorial Senior Center

116 Paris Avenue

Northvale, NJ 07647

Phone: 201-767-3330 option 4

Open Monday through Friday

9 AM – 4 PM

Director: Michelle Newberg | Email: [mnewberg@northvalenj.org](mailto:mnewberg@northvalenj.org)

Access the Flyer online at [northvalenj.org/senior-center](http://northvalenj.org/senior-center)

**BINGO Fridays @ 12 PM**

**(Please arrive by 11:40 AM)**

Merry  
Christmas



Happy  
Hanukkah

# The Golden Age Page

From the Golden Age Desk of Vivian Abitabilo:

Our year, 2025, is coming to a close and we will be celebrating Hannukah, Christmas and then it's Happy New Year 2026. This year went fast!!

The Christmas party, at Sear House is completely sold out! We are looking forward to celebrating in style! We will be collecting for our first outing in February, a luncheon at a local restaurant.

The trip schedule for next year is finalized and I'm excited to introduce it at the December meeting; we have some exciting trips!

We will be collecting dues in January and February for next year. New members can only be from Northvale, our membership is bursting at the seams. If there are any changes, like a new address or phone number, we will ask you to fill out a form. If you plan on going South for January and February, you can pay the dues in December. We will not accept dues after February. *Please*, we will not accept dues in December unless you are going away!

This needs to be repeated: due to our overwhelming membership: Please check your calendars when you sign up to prevent cancellations; there will be no refunds! Also, when you sign up, please bring a check for yourself only; do not include a friend on your check.

Looking forward to seeing you at our next meeting this year, **December 3, 2025**.

Please feel free to call me with any questions:  
201-725-6646.



# Upcoming Events


Date	Time	Description
December 1	10 AM	Medicare Review Appointments
December 4	10:30 AM	"Hydration for the Holidays" with ShopRite
December 10	10 AM	Home Helpers Presentation
December 11	12 PM	Christmas Luncheon
December 16	10 AM	December Breakfast
December 17	9:30 AM	Blood Pressure Check
<b>December 18</b>	<b>12 PM</b>	<b>Center Closing Early:</b> Staff Christmas Party
December 19	By Appt	Podiatrist Visit
<b>December 25</b>	<b>All Day</b>	<b>Center Closed:</b> Christmas Day
<b>December 26</b>	<b>All Day</b>	<b>Center Closed:</b> Day After Christmas

**BLOOD PRESSURE CHECK** – Every third Wednesday of each month from 9:30 – 11 AM (no appointment necessary, but please **arrive no later than 10:30 to be seen**)

**PODIATRIST** – Appointments starting at 8:30 AM. Next visit **December 19**. By appointment only, must secure a timeslot.

Please call the center to schedule an appointment!

**2026 Dues:** We are finally in December, which means it's almost time to pay dues for 2026! The grace period for dues spans the first quarter of the year. If your dues are not received by the end of March, you will not receive a newsletter in April. Dues are \$10 for Northvale residents and \$12 for everyone else. Thank you for your membership with us!



## Demystifying Artificial Intelligence

### December 30th

6:00 PM - 7:30 PM

**PROMO + Northvale Public Library**





**Lynn Smothergill**  
Realtor Sales Associate  
C: 201-741-2692  
E:realtorlynn77@gmail.com



**KW VALLEY REALTY**  
123 Tice Blvd. Woodcliff Lake, NJ  
O: 201-391-2506





# Movies Shown Every Tuesday @ 11:30 AM (Refreshments Provided)



## December Movies: Your Favorite Holiday Flicks

### December 2: Holiday Inn (Starring Bing Crosby & Fred Astaire)

In this Irving Berlin musical, Jim and Lila are members of a performing trio who plan to quit and run a country hotel. When Lila says she has fallen in love with the dancer in the act, Ted, Jim leaves town with a broken heart. After turning the inn into a holidays-only live entertainment venue, Jim winds up booking -- and falling for -- Linda. But when Ted shows up at the place after being dumped by Lila, he too sets his sights on beautiful Linda.

(1942) Rated: Not Rated – Musical/Comedy – 1 hr 40 min

### December 9: A Christmas Story (Starring Peter Billingsley & Melinda Dillon)

Based on the humorous writings of author Jean Shepherd, this beloved holiday movie follows the wintry exploits of youngster Ralphie Parker, who spends most of his time dodging a bully and dreaming of his ideal Christmas gift, a "Red Ryder air rifle." Frequently at odds with his cranky dad but comforted by his doting mother, Ralphie struggles to make it to Christmas Day with his glasses and his hopes intact.

(1983) Rated: PG – Family/Comedy – 1 hr 34 min

### December 16: National Lampoon's Christmas Vacation (Starring Chevy Chase & Beverly D'Angelo)

As the holidays approach, Clark Griswold wants to have a perfect family Christmas, so he pesters his wife, Ellen, and children, as he tries to make sure everything is in line, including the tree and house decorations. However, things go awry quickly. His hick cousin, Eddie, and his family show up unplanned and start living in their camper on the Griswold property. Even worse, Clark's employers renege on the holiday bonus he needs.

(1989) Rated: PG-13 – Comedy/Family – 1 hr 37 min

### December 23: Home Alone (Starring Diane Keaton & Jack Nicholson)

When bratty 8-year-old Kevin McCallister acts out the night before a family trip to Paris, his mother makes him sleep in the attic. After the family mistakenly leaves for the airport without Kevin, he awakens to an empty house and assumes his wish to have no family has come true. But his excitement sours when he realizes that two con men plan to rob the McCallister residence, and that he alone must protect his home.

(1990) Rated: PG – Comedy/Family – 1 hr 43 min

### December 30: Elf (Starring Will Ferrell & James Caan)

Buddy was accidentally transported to the North Pole as a toddler and raised to adulthood among Santa's elves. Unable to shake the feeling that he doesn't fit in, the adult Buddy travels to New York, in full elf uniform, in search of his real father. As it happens, this is Walter Hobbs, a cynical businessman. After a DNA test proves this, Walter reluctantly attempts to start a relationship with the childlike Buddy with increasingly chaotic results.

(2003) Rated: PG – Family/Comedy – 1 hr 37 min

# MEDICARE REVIEW DAY



Annual Enrollment is here!

Sign up for a FREE, no-obligation, 15-minute Medicare review!

### Topics We'll Cover:

- Your current plan changes
- Enrollment Guidance & Important Deadlines
- Personalized support to ensure you're covered for 2026

Monday December 1, 2025, starting at 10AM

Reserve your 15-minute appointment by signing up/reaching out!

GET  
HEALTH  
WITH ALLAN

HOSTED BY:  
Allan Swartz  
(609) 604-8120  
allanswartz3@gmail.com | gethealthwithallan.com

"We do not offer every plan available in your area. Any information we provide is limited to the plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options. Not affiliated with or endorsed by the U.S. government or the federal Medicare program."



# Hydration for the *Holidays*



Join us for a presentation from our ShopRite dietician about how to make the perfect healthy holiday dish: soup!

**Thursday, December 4<sup>th</sup> at 10:30 AM**  
**McGuire Senior Center**

McGuire Senior Center

## CHRISTMAS *Luncheon*

Chicken Francaise  
Eggplant Rollatini  
Tortellini Bolognese  
Penne Vodka

Roasted Potatoes  
Mixed Vegetables  
Dinner Rolls  
Cannoli Dessert

THURSDAY,  
DECEMBER 11

12 NOON

\$20  
ADMISSION

*Please RSVP by December 5*



# SUPPORTING THOSE THAT CARE FOR OTHERS

*Preventing Caregiver Burnout*

Where: NORTHVALE SENIOR CENTER  
116 PARIS AVE., NORTHVALE NJ 07647

When: WEDNESDAY, DECEMBER 10<sup>TH</sup>

Time: 10:00 AM

Join us and our guest: Home Helpers Home Care of Bergen County



*Home Helpers®*  
Making Life Easier®

64 W Allendale Ave, Allendale NJ 07401

201-236-6333



NORTHVALE  
PUBLIC LIBRARY  
*Growing Together*



## Adult Arts & Crafts



### Pinecone Wreaths and Candle Holders!

**Main Session: Tues, December 2<sup>nd</sup> @4:30PM**

**Follow-up Session: Thurs, December 4<sup>th</sup> @ 4:30 PM**

(Participants will begin their project on 12/02.

If extra time is needed, we will continue and finish on 12/4)

Register at the Library and pick up paper bag to collect pinecones. Bring in Pinecones by November 18th to make sure we have enough to make craft. Priority registration for Northvale adult residents. Out of town patrons, call to be placed on waitlist. For more info call 201-768-4784