

McGuire Senior Center Activity Calendar
May 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10:00 Wellness Workshop Class 11:15 Chair Pilates with Kim	2 10:00 Coffee Chit-Chat 10:30 Mah Jongg 12:00 BINGO	3
4	5 9:00 Crochet Club 9:30 Strength Training with Steve 10:30 Chair Exercise 1:00 Bergen County Board of Elections Presents: Voting Demo	6 9:30 Trip to ShopRite 11:00 Chair Yoga with Carolyn 11:30 Movie – Mildred Pierce	7 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:15 Strength Training with Steve 1:00 Golden Age Club Meeting	8 10:00 Coffee Chit-Chat 11:00 NJ State Bar Association Presents: Estate Planning 11:15 Chair Pilates with Kim	9 10:00 Coffee Chit-Chat 10:30 Mah Jongg 12:00 BINGO	10
11 <i>Happy Mother's Day!</i> 	12 9:00 Crochet Club 9:30 Strength Training with Steve 10:30 Chair Exercise	13 9:30 Trip to ShopRite 11:00 Chair Yoga with Carolyn 11:30 Movie – Alice Doesn't Live Here Anymore	14 10:00 Coffee Chit-Chat 11:00 Chair Exercise 11:30 Feature Film: Conclave 12:15 Strength Training with Steve	15 10:00 – 2:00 Bergen County Clerk Satellite Office Visit 11:15 Chair Pilates with Kim	16 9:00 Podiatrist Visit (by appointment only) 10:00 Coffee Chit-Chat 10:30 Mah Jongg 12:00 BINGO	17
18	19 9:00 Crochet Club 10:30 Chair Exercise <i>No Strength Training – Steve Away</i>	20 9:30 Trip to ShopRite 11:00 Chair Yoga with Carolyn 11:30 Movie – Enough Said	21 10:00 Coffee Chit-Chat 11:00 Chair Exercise 1:00 Golden Age Pizza Bingo <i>No Strength Training – Steve Away</i>	22 10:00 Coffee Chit-Chat 11:15 Chair Pilates with Kim	23 10:00 Coffee Chit-Chat 10:30 Mah Jongg 12:00 BINGO	24
25	26 CENTER CLOSED Memorial Day  <i>Northvale Parade @ 11 AM</i>	27 9:30 Trip to ShopRite 9:30 – 11:30 Bergen County Farmers Market Program Registration 11:00 Chair Yoga with Carolyn 11:30 Movie – 20 th Century Women	28 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:15 Strength Training with Steve	29 10:00 Coffee Chit-Chat 11:15 Chair Pilates with Kim	30 10:00 Coffee Chit-Chat 10:30 Mah Jongg 12:00 BINGO	