

McGuire Senior Center Activity Calendar April 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9:30 Trip to ShopRite 11:00 Chair Yoga with Carolyn 11:30 Movie – Letter from an Unknown Woman	2 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:15 Strength Training with Steve 1:00 Golden Age Club Meeting	3 10:00 Coffee Chit-Chat 11:15 Chair Pilates with Kim 12:00 Arbor Terrace and Diane Lang Present: Body – Mind – Soul (Part 1)	4 10:00 Coffee Chit-Chat 10:30 Mah Jongg 12:00 BINGO	5
6	7 9:00 Crochet Club 9:30 Strength Training with Steve 10:30 Chair Exercise	8 9:30 Trip to ShopRite 11:00 Chair Yoga with Carolyn 11:30 Movie – A Letter to Three Wives	9 10:00 Coffee Chit-Chat 11:00 Chair Exercise 11:30 Bergen County Presents: Advanced Directives 12:15 Strength Training with Steve	10 10:00 Coffee Chit-Chat 11:15 Chair Pilates with Kim 12:00 Mah Jongg Practice Play	11 10:00 Coffee Chit-Chat 10:30 Mah Jongg 12:00 BINGO	12  <i>Happy Passover!</i>
13	14 9:00 Crochet Club 9:30 Strength Training with Steve 10:30 Chair Exercise 12:00 <i>Body – Mind – Soul (Part 2) at Arbor Terrace Norwood</i>	15 9:30 Trip to ShopRite 10:00 April Breakfast 11:00 Chair Yoga with Carolyn 11:30 Movie – 84 Charing Cross Road	16 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:15 Strength Training with Steve 1:00 Golden Age Pizza Bingo	17 10:00 Paint Party with Achieve Homecare and Artist, Kambas! 11:15 Chair Pilates with Kim 12:00 Mah Jongg Practice Play	18 <p style="text-align: center;">CENTER CLOSED Good Friday</p>	19
20  <i>Happy Easter!</i>	21 9:00 Crochet Club 9:30 Strength Training with Steve 10:30 Chair Exercise	22 9:30 Trip to ShopRite 11:00 Chair Yoga with Carolyn 11:30 Movie – Moonrise Kingdom	23 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:15 Strength Training with Steve	24 10:00 Coffee Chit-Chat 11:15 Chair Pilates with Kim 12:00 Easter Luncheon	25 10:00 Coffee Chit-Chat 10:30 Mah Jongg 12:00 BINGO	26
27	28 9:00 Crochet Club 9:30 Strength Training with Steve 10:30 Chair Exercise	29 9:30 Trip to ShopRite 11:00 Chair Yoga with Carolyn 11:30 Movie – Can You Ever Forgive Me?	30 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:15 Strength Training with Steve			