



Thanksgiving Word Search

Challenging



H L E A V E S O X A W T L I O X N Z P K
V J W L F E A S T M C E D Q T L A E F L
Y H O O E Z N P Z E D T N I H Y C I E Y
C A N K D D N Z L N R K Y I A E E P S C
L S D S Z Q U E J A H Y C E N X P J R X
S O B I D F B T D W V L I Y K T R X E Q
I Q T W L R A I I V O Y M R F R B U B V
K R E H A O T L N T Y B H O U C U Y M M
D E I T A I H O L U A G T F L Y I T E Y
S W I B O N Q V E P G R V K N N J S V C
A O H N R Y K N R H E Y G E E D U V O Q
N L W Z S J O S E P L O M A S S T R N Y
K F T E F B G L G I M J Y I S I N V F M
P Y G F H Y B N M I N Q Y H O M E U O M
L A N S I B I A S T V O R A C L D Y E I
H M I G O F F O G Y X I J C V R Z M Q R
X W Y G F C Q W S D W E N I X B J T G G
F M T U Z H T U O M Y L P G G B R X J L
Z C T E L I S E I R R E B N A R C R M I
R S L W V T H G D X U A N I K P M U P P

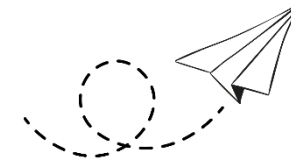
CELEBRATION
FALL
GOBBLE
HOME
NOVEMBER
PILGRIM
STUFFING
TRADITION
WISHBONE

CORN
FAMILY
GRATITUDE
LEAVES
PECAN
PLYMOUTH
THANKFULNESS
TURKEY

CRANBERRIES
FEAST
HOLIDAY
MAYFLOWER
PIE
PUMPKIN
THANKSGIVING
VOYAGE



The McGuire Flyer



November 2025

The James F. McGuire Memorial Senior Center

116 Paris Avenue

Northvale, NJ 07647

Phone: 201-767-3330 option 4

Open Monday through Friday

9 AM – 4 PM

Director: Michelle Newberg | Email: mnewberg@northvalenj.org

Access the Flyer online at northvalenj.org/senior-center

BINGO Fridays @ 12 PM

(Please arrive by 11:40 AM)



The Golden Age Page

From the Golden Age Desk of Vivian Abitabilo:

The Fall weather finally came and so did the colors of the fall trees. I hope you are excited for what’s to come including Thanksgiving and lots of turkey!

We still have one ticket available for the Christmas show at Radio City.

The Christmas party, at Sear House is completely sold out! We will make a wait list, just in case we have drop outs!

We are now working on the trip schedule for next year. We have some exciting ideas! We need to finalize and make sure they can happen. We will do the River Cruise in July again, and this time I made sure that we are going to the Shrimp Box!!

This needs to be repeated: due to our overwhelming membership: Please check your calendars when you sign up to prevent cancellations; there will be no refunds! Also, when you sign up, please bring a check for yourself only; do not include a friend on your check.

Looking forward to seeing you at our next meeting this year, **November 5, 2025.**

Please feel free to call me with any questions: 201-725-6646.



Upcoming Events

Date	Time	Description
November 4	All Day	Center Closed: Election Day
November 6	11 AM – 1 PM	Intro to Art History & Drawing
November 11	All Day	Center Closed: Veterans Day
November 12	10 AM	Excelcare Presentation
November 13	10 AM – 12 PM	Josh Gottheimer’s Constituent Services Desk
November 18	10 AM	November Breakfast: Bagels & Beats with Arbor Terrace
November 19	9:30 AM	Blood Pressure Check
November 26	10 AM	Science & Snacks Dirt Cup Activity
November 27/28	All Day	Center Closed: Thanksgiving and Day After

BLOOD PRESSURE CHECK – Every third Wednesday of each month from 9:30 – 11 AM (no appointment necessary, but please **arrive no later than 10:30 to be seen**)

PODIATRIST – Appointments starting at 8:30 AM. Next visit **TBD**. By appointment only, must secure a timeslot.

Please call the center to schedule an appointment!



STRETCH & STRENGTHEN

A NEW CLASS WITH BETSY



At the end of October, we have to say goodbye to our weekly chair yoga class.

Join us for this exciting, free new class!

Tuesdays at 10:30 AM
Beginning on November 18th
McGuire Center Exercise Room



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**Tuesday,
November 4th
2025**

Movies Shown Every Tuesday @ 11:30 AM (Refreshments Provided)



November Movies: Dedicated to Diane Keaton

November 4: Center Closed – Election Day

November 11: Center Closed – Veterans Day

November 18: First Wives Club (Starring Diane Keaton & Goldie Hawn)

Despondent over the marriage of her ex-husband to a younger woman, a middle-aged divorcée plunges to her death from her penthouse. At the woman's funeral, her former college friends reunite for the first time in nearly 30 years. When the three discover the reason for their friend's suicide, they realize that all of their ex-husbands have taken them for granted -- and deciding it's time for revenge, they make a pact to get back at their exes.

(1996) Rated: PG – Comedy/Drama – 1 hr 45 min

November 25: Something's Gotta Give (Starring Diane Keaton & Jack Nicholson)

When aging womanizer Harry Sanborn and his young girlfriend, Marin, arrive at her family's beach house in the Hamptons, they find that her mother, dramatist Erica Barry, also plans to stay for the weekend. Erica is scandalized by the relationship and Harry's sexist ways. But when Harry has a heart attack, and a doctor prescribes bed rest at the Barry home, he finds himself falling for Erica -- who, for once, may be out of his league.

(2003) Rated: PG-13 – Comedy/Romance – 2 hr 13 min

Intro to Art History & Drawing

Curious about exploring your creative side? Join Deirdre, a local artist and art educator for this exciting workshop. This standalone class will be an introduction to art history and art as a practice. It will also serve as a preview of our upcoming art course which will meet on a consistent basis.



Thursday, November 6

11 AM to 1 PM

McGuire Senior Center

Are you a resident of New Jersey's 5th Congressional District?

Join us for a visit from Congressman Josh
Gottheimer's Constituent Services Team!
They will provide immediate assistance
with issues relating to Unemployment,
Medicare, Medicaid, Social Security,
Passports, Veteran's Medals and more.

Thursday, November 13th
10 AM – 12 PM
McGuire Senior Center



Bagels & Beats @ McGuire Center

Bagel Breakfast • Karaoke • Live Guitar Music

Tuesday, November 18 | 10 AM

All are welcome — we can't wait to see you there!
*Start your morning right with fresh bagels, great tunes, and lots of fun!
Sing your heart out, tap your feet to live music, and enjoy time with friends.*

Interested in Coming?
Reserve your spot with Michelle



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ACHIEVE
HOMECARE AGENCY
The CARE Your Loved One Deserves



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Discover Care

at Excelcare Norwood

**Come Learn What Excelcare
Has to Offer**

Presented by Erika Begley

Discover our services:

- Sub-Acute Rehab
- Long-Term Care
- Respite Stays

 **Wednesday
November 12**

 **Phone Number:
201.665.7345**

 **Location:
James F. McGuire
Senior Center
116 Paris Ave
Northvale, NJ 07647**



Science & Snacks

Dirt Cup Activity



Learn about the
science of soil
and make a tasty
treat along the
way!

Wednesday,
November 26th
10:00 AM
McGuire Center