

McGuire Senior Center Activity Schedule February 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:00 Coffee Chit-Chat 11:00 Chair Exercise 1:00 Golden Age Meeting	2 10:00 Coffee Chit-Chat 10:30 Line Dancing	3 9:00 Podiatrist Visit 10:00 Coffee Chit-Chat 12:00 BINGO	
5	6 9:00 Crochet Club 9:30 Strength Training 10:00 Coffee Chit-Chat 11:00 Chair Exercise	7 9:30 Trip to ShopRite 10:00 Coffee Chit-Chat 11:30 Movie – All that Heaven Allows	8 10:00 Coffee Chit-Chat 10:30 Bagel Breakfast 11:00 Chair Exercise	9 10:00 Coffee Chit-Chat 10:30 Line Dancing	10 CENTER CLOSED Lincoln's Birthday	11
12	13 9:00 Crochet Club 9:30 Strength Training 10:00 Coffee Chit-Chat 11:00 Chair Exercise 12:00 Valentine Luncheon	14 9:30 Trip to ShopRite 10:00 Coffee Chit-Chat 11:30 Movie -- Moonstruck	15 9:30 Blood Pressure Check 10:00 Coffee Chit-Chat 11:00 Chair Exercise 1:00 Golden Age Pizza Bingo	16 10:00 Coffee Chit-Chat 10:30 Line Dancing	17 10:00 The Presidents Pt 1 12:00 BINGO	18
19	20 CENTER CLOSED Presidents' Day	21 9:30 Trip to ShopRite 10:00 The Presidents Pt 2 11:30 Movie – I'll See You in My Dreams	22 10:00 Coffee Chit-Chat 11:00 Chair Exercise	23 10:00 Coffee Chit-Chat 10:30 Line Dancing	24 10:00 Coffee Chit-Chat 12:00 BINGO	25
26	27 9:00 Crochet Club 9:30 Strength Training 10:00 Coffee Chit-Chat 11:00 Chair Exercise	28 9:30 Trip to ShopRite 10:00 Coffee Chit-Chat 11:30 Movie – The Second Time Around				