



# Summer Fun

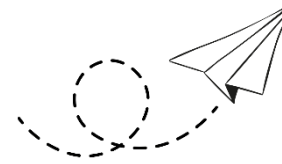


Z U K G T P G E C R P Y V L L H Y D S I O V U E  
 F J I Z O N C U D B Z T D Z K E P S U Y P J G L  
 U J W G J U D E P X G W Z A K Z Z Y N M R W A C  
 S P S P F C I N C I P M A W Q D N Z S L I C I I  
 T D T U Q S Y F B I F S H Z H X O G C T N S P S  
 V S D M J K G U Y M X Y P B E A C H R D E U S P  
 I O F B B V E E N I H S N U S S H H E H G K D O  
 P S I E H O S W I M S U I T N D E Z E V B E C P  
 C S A N D C A S T L E N F B X N A S N A I G N Q  
 A C B I H O Y Y A X K Z Z U H E S G B C K N Q R  
 L O O P W U P E I P G R D O V I R F E A E I Q R  
 S J Q S N T Q N R H S G O U N R E P I T K P B A  
 I G D Z G S W B T G W K B V T F G M M I E M C C  
 C M Q B U I S H B Z I D R X S T R S Q O B A O V  
 E A J A H D N U P X M L Q L E O U W V N Z C O O  
 C L M C Z E D X T M M A Y I S L B E R I E L K U  
 R O M T W X S N P L I V Q Z S Y M A E A K T O H  
 E H W L J L W M S T N T M Y A H A T M E S L U V  
 A S A E P V K S O J G G Q Y L X H P M W S X T H  
 M J J C I N X T Z O I P D D G B M S U U W I K X  
 W C D O T Y I C D I L K L F N G M W S N K I L L  
 R N I J A H O T D O G S A U U H V M T H M P V T  
 K F D L G X Q R T E X X Y Y S S P R I N K L E R  
 W R P G H E N O L E M R E T A W U W V Z N X P L

- |           |            |            |          |
|-----------|------------|------------|----------|
| SUNSCREEN | SANDCASTLE | SUNGLASSES | COOKOUT  |
| BEACH     | CAMPING    | OUTSIDE    | VACATION |
| SWIMSUIT  | POPSICLE   | HAMBURGERS | HOTDOGS  |
| PICNIC    | WATERMELON | FRIENDS    | BIKE     |
| SUNSHINE  | ICECREAM   | SPRINKLER  | SWIMMING |
| POOL      | SWEAT      | HOT        | SUMMER   |

# The McGuire Flyer

## August 2023



### The James F. McGuire Memorial Senior Center

116 Paris Avenue

Northvale, NJ 07647

Phone: 201-767-3330 option 5 | Fax: 201-767-6038

Open Monday through Friday

9 AM – 4 PM

Director: Michelle Adoni

[seniordir@northvalenj.org](mailto:seniordir@northvalenj.org)



### Fridays @ 12 PM

### (Please arrive by 11:40 AM)

Please join us for

# AARP Today

an event brought to you by the  
AARP New Jersey Speakers Bureau

While you might know a lot about what  
AARP offers, this presentation will  
provide information that may surprise  
you and help you get more from your  
membership!



Thursday, August 3, 2023  
12 PM

McGuire  
Senior Center

# FRAUD PREVENTION

Join us for an  
informative  
presentation by the  
Northvale Police  
Department!



Thursday, August 10th  
12 PM  
at the McGuire Center

# The Golden Age Page

## Upcoming Events

Date	Time	Description
August 3	12 PM	AARP Presents: AARP Today
August 10	12 PM	Fraud Prevention with the Northvale Police Department
August 22	10 AM – 12 PM	August Breakfast
August 23	11:30 AM	Learn about the Library with Lauren
August 30	11 AM	Summer Safety Presentation

From the Golden Age Desk of Vivian Abitabilo:

Hope you are enjoying this hot, rainy, summer!

We will continue to collect for the August trip to Resort Casino in Monticello on August 9th. It includes \$25 slot play, lunch buffet and a show. We will also collect for our September trip to the SurfFlight Theatre in Beach Haven, on Thursday, September 7<sup>th</sup>. We are now adding our October trip to the list: Krucker's Octoberfest in Pomona on October 4<sup>th</sup>. This is the first Wednesday of the month of October when our monthly meeting usually meets. Cecks for these trips should be made out to Northvale Golden Age Club. Our October meeting will be moved to the second Wednesday, October 11. Be sure to mark your calendars!

We are still collecting for our September trip to Pittsburgh. Check the bulletin board for details. If you are interested, please think about a \$50. deposit to secure your spot. Make check out to Diann Agostini for this trip.

Parking for all trips should be in the parking lot, not the spots in front of Boro Hall.

We still need volunteers to sign up for dessert duty. Thank you to everyone who participated. We need volunteers for October and November. Please see me for instructions on setting up and cleaning up for dessert.

We have an some great trips this year, don't miss out! Enjoy!



**BLOOD PRESSURE CHECK** – Every third Wednesday of each month from 9:30 – 11 AM (no appointment necessary, but please **arrive no later than 10:30 to be seen**)

**PODIATRIST** – First Friday of every other month, starting at 9 AM. Next visit **September 1**. By appointment only (we must have a minimum of 6 people on the list in order to be seen)

Please call the center to schedule an appointment!

Have a recipe you'd like to share? Email it to be featured in an upcoming edition of the McGuire Flyer!

# Thank You

Special thanks to Northvale resident Marguerite Melvin who donated a sketch of the McGuire Center from 1986 to us!

The sketch belonged to former Northvale mayor, John Rooney, for whom the wing of Borough Hall was originally named. Now, the John E. Rooney Wing is known as the McGuire Senior Center, and both names can be seen on the sketch.

Find it hanging up by the coffee station next time you're in.

Thank you, Marguerite!



**20 YEAR EXPERT**  
Lynn Smothergill  
Realtor Sales Associate  
realtorlynn77@gmail.com  
Call or text 201-741-2692



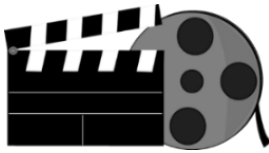
# August Breakfast

A quick note on our breakfasts going forward:

The \$5 deposit will now be collected and used towards a 50/50 raffle at each breakfast. We will use half of the money we collect towards the raffle, and the other half will help cover the cost of the breakfast.



## Movies Shown Every Tuesday @ 11:30 AM (Refreshments Provided)



August Theme: Wedding Season

### August 1: **The Philadelphia Story** (Starring Katharine Hepburn and Cary Grant)

This classic romantic comedy focuses on Tracy Lord, a Philadelphia socialite who has split from her husband, C.K. Dexter Haven, due both to his drinking and to her overly demanding nature. As Tracy prepares to wed the wealthy George Kittredge, she crosses paths with both Dexter and prying reporter Macaulay Connor. Unclear about her feelings for all three men, Tracy must decide whom she truly loves.

(1940) Rated: Not Rated – Romance/Comedy – 1 hr 52 min

### August 8: **Steel Magnolias** (Starring Julia Roberts and Dolly Parton)

M'Lynn is the mother of bride-to-be Shelby Eatenton, and as friend Truvy Jones fixes the women's hair for the ceremony, they welcome a helping hand from aspiring beautician Annelle Dupuy Desoto. Diabetic Shelby has a health scare, which is averted but doesn't bode well for her hopes of having children. Time passes, and the women encounter tragedy and good fortune, growing stronger and closer in the process.

(1989) Rated: PG – Comedy/Drama – 1 hr 57 min

### August 15: **Father of the Bride** (Starring Steve Martin and Diane Keaton)

George Banks and his wife, Nina are the proud parents of Annie, but when she returns from studying abroad and announces that she's engaged, their whole world turns upside down, especially that of overprotective George. From meeting the in-laws to wedding plans with an over-the-top consultant and his flamboyant assistant, it seems as if the troubles never end.

(1991) Rated: PG-13 – Romance/Comedy – 1 hr 45 min

### August 22: **Four Weddings and a Funeral** (Starring Hugh Grant and Andie MacDowell)

Lovable Englishman Charles and his group of friends seem to be unlucky in love. When Charles meets a beautiful American named Carrie at a wedding, he thinks his luck may have changed. But, after one magical night, Carrie returns to the States, ending what might have been. As Charles and Carrie's paths continue to cross -- over a handful of nuptials and one funeral -- he comes to believe they are meant to be together, even if their timing always seems to be off.

(1994) Rated: R – Romance/Comedy – 1 hr 57 min

### August 29: **My Big Fat Greek Wedding** (Starring Nia Vardalos and Michael Constantine)

Everyone in the Portokalos family worries about Toula. Still unmarried at 30 years old, she works at Dancing Zorba's, the Greek restaurant owned by her parents, Gus and Maria. After taking a job at her aunt's travel agency, she falls in love with Ian Miller, a teacher who is tall, handsome and definitely not Greek. Toula isn't sure which will be more upsetting to her father, that Ian is a foreigner or that he's a vegetarian.

(2002) Rated: PG – Romance/Comedy – 1 hr 35 min

# LEARN ABOUT THE LIBRARY

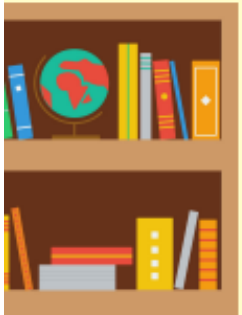
WITH LAUREN

Come meet Northvale's new Library Director, Lauren Magielnicki! Learn about Bergen County's library system, which gives county residents access to 77 local libraries.

Northvale's library has lots to offer to both residents and out-of-towners. Live in town and don't have a library card yet? Get one for free at the event!

Wednesday, August 23, 2023  
at 11:30 AM

At the McGuire Center



# SUMMER SAFETY

Tips on how to stay safe in the sun, storms, and more through the summer season



Presented by  
Barry Leventhal  
of the Bergen County  
Office of Emergency  
Management



Wednesday, August 30th  
11 AM  
at the McGuire Center

